

Anpassat barngraderingschema VT-2007, uppdaterat 2007-05-13 MB

**12 kyu**

|            | <b>Attack</b>                          | <b>Teknik</b>                                     |
|------------|--|---|
| Tachiwaza  | Aihami katatedori<br>Aihami katatedori | Iriminage<br>Ikkyo (omote)                        |
| Suwariwaza | Ryotedori                              | Kokyoho   |
| Ushiwaza   |  | Mae Ukemi<br>Ushiro Ukemi<br>Ikkyo undo<br>Tenkan |

**9 kyu**

|            | <b>Attack</b>                                  | <b>Teknik</b>   |
|------------|--|---|
| Tachiwaza  | Gyakohanmi katatedori<br>Gyakohanmi katatedori | Kokyonage (2 st)<br>Kaitenage   |
| Suwariwaza | Shodan tsukai<br>Ryotedori                     | Kotegaeshi<br>Tenchinage  |
| Ushiwaza   | Ryotedori                                      | Kokyoho<br>Ukemi (Mae+Ushiro+Toboshi)<br>Ikkyo zengo<br>Shikko (mae+ushiro) |

**11 kyu**

|            | <b>Attack</b>   | <b>Teknik</b>   |
|------------|---|---|
| Tachiwaza  | Gyakohanmi katatedori<br>Gyakohanmi katatedori<br>Shomenuchi<br>Aihami katatedori | Taini tenkan ho<br>Kokyonage<br>Iriminage<br>Ikkyo (omote+ura)    |
| Suwariwaza | Ryotedori   | Kokyoho   |
| Ushiwaza   |   | Mae Ukemi<br>Ushiro Ukemi<br>Ikkyo undo<br>Shikko (mae)<br>Tenkan |

**8 kyu**

|            | <b>Attack</b>                                  | <b>Teknik</b>   |
|------------|--|---|
| Tachiwaza  | Gyakohanmi katatedori<br>Gyakohanmi katatedori | Shihonage<br>Kaitenage  |
| Suwariwaza | Aihami katatedori<br>Ryotedori                 | Ikkyo (omote+ura)<br>Tenchinage   |
| Ushiwaza   | Ryotedori                                      | Kokyoho<br>Ukemi (Mae+Ushiro+Toboshi)<br>Ikkyo zengo<br>Shikko (mae+ushiro) |

**10 kyu**

|            | <b>Attack</b>   | <b>Teknik</b>  |
|------------|---|--|
| Tachiwaza  | Gyakohanmi katatedori<br>Shodan tsukai<br>Ryotedori<br>Shomenuchi | Kokyonage<br>Kotegaeshi<br>Tenchinage<br>Iriminage   |
| Suwariwaza | Ryotedori   | Kokyoho  |
| Ushiwaza   |   | Mae Ukemi<br>Ushiro Ukemi<br>Ikkyo undo (mae+ushiro)<br>Shikko (mae)<br>Tenkan<br>Irimi tenkan |

**7 kyu**

|            | <b>Attack</b>   | <b>Teknik</b>   |
|------------|---|---|
| Tachiwaza  | Yokomenuchi<br>Gyakohanmi katatedori<br>Aihami katatedori<br>Shomenuchi | Shihonage<br>Kokyonage (2 st)<br>Ikkyo (omote+ura)<br>Iriminage                                 |
| Suwariwaza | Ryotedori   | Tenchinage  |
| Ushiwaza   | Ryotedori<br>Shomenuchi   | Kokyoho<br>Iriminage<br>Ukemi (Mae+Ushiro+Toboshi)<br>Ikkyo zengo<br>Shikko (mae+ushiro+kaiten) |